

Phase II study of adjuvant chemotherapy with paclitaxel and nedaplatin for uterine cervical cancer with lymph node metastasis

Munetaka Takekuma¹  | Mototsugu Shimokawa² | Shin Nishio³  | Hideo Omi⁴ | Tsutomu Tabata⁵ | Yuji Takei⁶ | Kaei Nasu⁷ | Yoshiyuki Takahashi⁸ | Shinji Toyota⁹ | Yoshikazu Ichikawa¹⁰ | Atsushi Arakawa¹¹ | Fuminori Ito¹² | Hiroshi Tsubamoto¹³ | Taisuke Mori¹⁴ | Yasuyuki Hirashima¹ | Kimihiko Ito¹⁵

¹Department of Gynecologic Oncology, Shizuoka Cancer Center, Shizuoka, Japan

²Cancer Biostatistics Laboratory, Clinical Research Institute, National Kyusyu Cancer Center, Fukuoka, Japan

³Department of Obstetrics and Gynecology, Kurume University School of Medicine, Fukuoka, Japan

⁴Department of Obstetrics and Gynecology, Iwate Medical University Hospital, Iwate, Japan

⁵Department of Obstetrics and Gynecology, Mie University Hospital, Mie, Japan

⁶Department of Obstetrics and Gynecology, Jichi Medical University, Tochigi, Japan

⁷Department of Obstetrics and Gynecology, Oita University Faculty of Medicine, Oita, Japan

⁸Department of Obstetrics and Gynecology, Okinawa Chubu Hospital, Okinawa, Japan

⁹Department of Obstetrics and Gynecology, Nara Prefecture General Medical Center, Nara, Japan

¹⁰Department of Obstetrics and Gynecology, Japanese Red Cross Shizuoka Hospital, Shizuoka, Japan

¹¹Department of Obstetrics and Gynecology, Nagoya City University Graduate School of Medical Sciences, Nagoya, Japan

¹²Department of Obstetrics and Gynecology, Nara Medical University, Nara, Japan

¹³Department of Obstetrics and Gynecology, Hyogo College of Medicine, Hyogo, Japan

¹⁴Department of Obstetrics and Gynecology, Graduate School of Medical Science, Kyoto Prefectural University of Medicine, Kyoto, Japan

¹⁵Department of Obstetrics and Gynecology, Kansai Rosai Hospital, Hyogo, Japan

Correspondence

Munetaka Takekuma, Department of Gynecology, Shizuoka Cancer Center, Nagaizumicho, Suntogun, Shizuoka, Japan.
Email: m.takekuma@scchr.jp

The purpose of this phase II trial was to assess the efficacy and toxicity of paclitaxel and nedaplatin (TN) as the initial postoperative adjuvant chemotherapy for uterine cervical cancer with lymph node metastases (LNM). Patients with FIGO stage IB1-IIA2 squamous cell carcinoma of the uterine cervix were enrolled. Histological confirmation of LNM was mandatory. Intravenous paclitaxel at 175 mg/m² and nedaplatin at 80 mg/m² were administered every 28-day cycle, of which there were 5 cycles after radical hysterectomy. Sixty-two patients were enrolled in the study from November 2011 to July 2015. Their median age was 48.5 years (range 28-64). The median tumor diameter was 37 mm (5-64). Overall, 30 patients (48.4%) had 1 metastatic lymph node, 11 (17.7%) had 2, 3 (4.8%) had 3, 5 (8.1%) had 4, and 13 (21.0%) had 5 or more. With a median follow-up of 45.7 months (range 23.4-69.5), the 2-year relapse-free survival and 2-year overall survival rates were 79.0% (90% CI, 69.0%-86.2%) and 93.5% (95% CI, 83.7%-97.5%), respectively. Almost all adverse

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events were relatively mild. Grade 3-4 adverse events (NCI-CTC ver. 4.0) that occurred in 5% or more of patients were neutropenia (60.7%) and infection (6.6%). The proportion of patients who completed 5 cycles of treatment was 90.3%. Postoperative adjuvant chemotherapy with TN for cervical cancer with LNM was demonstrated to be an effective and feasible treatment. A phase III trial is warranted to compare this with concurrent chemoradiotherapy.

KEYWORDS

cervical cancer, paclitaxel and nedaplatin, phase II study, postoperative adjuvant therapy, systemic chemotherapy

1 | INTRODUCTION

Cervical cancer is the most common gynecological malignancy worldwide, accounting for 7.9% (57 600) of new cancer cases and 7.5% (265 700) of all cancer deaths among females in 2012.¹ The incidence of cervical cancer is higher in developing countries because of the lower availability of cancer screening systems. In developed countries, the majority of cervical cancer patients are diagnosed at an early stage of the disease (FIGO stages I-II).

Patients with early-stage cervical cancer require radical hysterectomy with pelvic lymphadenectomy or definitive radiotherapy (RT)/concurrent chemoradiotherapy (CCRT). In Japan, at more than 80% of institutions, radical hysterectomy is chosen as the primary treatment for patients with stage IB1 and IIA1 tumors.² Subsequently, patients with prognostic risk factors for recurrence receive postoperative adjuvant therapy. Peters et al.³ showed a significant survival advantage associated with the use of CCRT rather than RT alone in patients with high-risk cervical cancer. In the guidelines for cervical cancer of several countries, the pathological findings of lymph node metastasis (LNM) and/or parametrial invasion (PMI) are defined as high-risk prognostic factors, and postoperative CCRT is recommended as adjuvant treatment for these cases.⁴⁻⁸

There has recently been much debate regarding the risk-benefit balance of postoperative CCRT for cervical cancer.⁹⁻¹² Patients with LNM have been shown to exhibit a greater rate of distant failure than those without this,^{9,10} so postoperative adjuvant therapy should not only control local recurrence, but also prevent distant metastasis. Postoperative CCRT would be expected to induce serious toxicities, which could continue throughout the patient's life; this is because the organ in the pelvis targeted by RT has already been subjected to radical surgery.^{11,12} In this context, systemic chemotherapy (CT) alone could play an important role as postoperative adjuvant therapy for patients with high-risk cervical cancer.

The combination of paclitaxel plus platinum is standard treatment for patients with advanced/recurrent cervical cancer.^{13,14} Nedaplatin (cis-diammine glycolato platinum) was developed as a less nephrotoxic and neurotoxic analog of cisplatin. We showed that the combination of paclitaxel plus nedaplatin (TN) would have favorable antitumor activity and be feasible for advanced/recurrent cervical

cancer.¹⁵ Recently, Li et al.¹⁶ showed the efficacy of nanoparticle albumin-bound paclitaxel plus nedaplatin for patients with advanced/recurrent cervical cancer.

We conducted a phase II trial involving the application of postoperative systemic CT alone with the combination of paclitaxel plus nedaplatin to uterine cervical cancer patients with LNM, to evaluate the efficacy and toxicity of this regimen.

2 | MATERIALS AND METHODS

All patients provided written informed consent before enrollment. The trial was registered with the UMIN-Clinical Trials Registry (UMIN00005605) and was conducted in accordance with the Declaration of Helsinki. The trial protocol was approved by the Kansai Clinical Oncology Group (KCOG) Protocol Review Committee and the institutional review board of each participating institution before patient enrollment.

2.1 | Eligibility

Patients who had undergone radical hysterectomy and pelvic lymphadenectomy for FIGO stage IB1, IB2 or IIA of uterine cervix were enrolled in this trial. Histological type included squamous cell carcinoma alone. Histological confirmation of LNM was mandatory. In addition, patients had to have: no residual tumor after surgery; age ranging from 20 to 70; and ECOG performance status score 0-1. Patients were also required to have adequate hematological (absolute neutrophil count [ANC] $\geq 1500/\mu\text{L}$, platelets $\geq 100\ 000/\mu\text{L}$, hemoglobin ≥ 9.0 g/dL), renal (creatinine ≤ 1.5 mg/dL) and hepatic function (bilirubin ≤ 1.2 mg/dL, sGOT/GPT ≤ 100 U/L). Patients were excluded from the study if they had para-aortic LNM confirmed histologically, a positive surgical margin or peritoneal metastasis.

2.2 | Treatment

Treatment had to be started within 6 weeks after surgery. Chemotherapy administration was as follows: paclitaxel at 175 mg/m²

over 3 hour plus nedaplatin at 80 mg/m² over 1 hour on day 1. Five cycles of chemotherapy were repeated every 28 days. Patients were premedicated with dexamethasone (20 mg) and ranitidine (50 mg) or famotidine (20 mg) intravenously 30-90 minute prior to infusion. Diphenhydramine (50 mg) was also given orally 30 minute prior to treatment. Chemotherapy was discontinued in cases of progressive disease, unacceptable toxicity or patient's refusal.

All patients were required to have an ANC of more than 1500/ μ L and a platelet count more than 75 000/ μ L prior to beginning each cycle. They were removed from the study if their blood count had not recovered by 3 weeks after treatment. Dose modifications were made to paclitaxel or nedaplatin for hematological, gastrointestinal, hepatic or neurologic toxicity, based on the most severe grade of toxicity, using the National Cancer Institute-Common Toxicity Criteria (NCI-CTC) version 4.0. Dose reduction levels of paclitaxel/nedaplatin were 150/70 mg/m² (level -1), 135/60 mg/m² (level -2) and 110/50 mg/m² (level -3). Patients requiring dose reduction to less than level -3 were removed from the study.

2.3 | Follow-up evaluation

Prior to each cycle of treatment, a physical examination, routine hematologic studies and blood chemistry analysis were conducted. Once protocol treatment had ended, the patients were evaluated by pelvic examination, Papanicolaou tests, and an analysis of serum squamous cell carcinoma antigen level at the discretion of the attending physician every 1-3 months in the first 2 years, and every 4-6 months during years 3, 4 and 5. In addition, patients underwent a CT or MRI scan every 6 months in the first 2 years and annually thereafter until 5 years.

2.4 | Statistical methods

The sample size was initially calculated based on the assumption of an expected 2-year relapse-free survival (RFS) rate of 80% and the threshold value of 65%, which was based on previously published data.¹⁵⁻¹⁸ Under these assumptions, 58 patients were required to achieve a 1-sided significance level of 5% with power of 85%. Factoring in a 5% dropout rate, we set a target sample size of 63 patients. The primary endpoint of the current study was 2-year RFS, defined as the interval between the date of entry into the study and the date of the first physical or radiographic evidence of disease recurrence. The secondary endpoints were overall survival (OS), adverse events and rate of completion of protocol treatment. OS was calculated from the date of entry into the study to the date of death or last follow-up visit. RFS and OS were calculated using the Kaplan-Meier method, and their confidence intervals (CI) were estimated by Greenwood's formula. All statistical analyses were performed using SAS 9.4 (SAS Institute, Cary, NC, USA).

3 | RESULTS

3.1 | Patient characteristics

Sixty-two patients were enrolled from 14 institutions between November 2011 and July 2015. All patients were eligible for this study, so data from 62 patients were included in the analysis. The baseline characteristics of the patients are shown in Table 1. Their median age was 48.5 years (range 28-64). Fifty-five patients (88.7%) had a performance status (PS) of 0, while 6 patients (9.7%) had a PS of 1. Median tumor diameter was 37 mm (5-64). Overall, 10 patients (16.1%) had parametrial invasion, 44 (71.0%) had deep stromal invasion and 53 (85.5%) had lymphovascular invasion. The median number of resected lymph nodes was 41 (13-88). In total, 30 patients (48.4%) had 1 metastatic lymph node, 11 (17.7%) had 2, 3 (4.8%) had 3, 5 (8.1%) had 4, and 13 (21.0%) had 5 or more.

3.2 | Feasibility

Fifty-six patients (90.3%) completed the treatment protocol as planned. Of the 6 patients who did not complete it, 2 experienced disease progression, 1 prolonged neutropenia, 1 severe allergic reaction for nedaplatin, 1 vesical perforation that resulted from late morbidity of radical hysterectomy, and 1 refused the treatment. Three

TABLE 1 Patient characteristics (N = 62)

	N (%)
Age	Median 48.5 (Range 28-64)
Performance status	
0	55 (88.7)
1	6 (9.7)
Unknown	1 (1.6)
FIGO stage	
IB1	22 (35.5)
IB2	23 (37.1)
IIA	17 (27.4)
Tumor diameter, mm	Median 37 (Range 5-64)
Number of dissected lymph nodes	Median 41 (Range 13-88)
Number of metastatic lymph nodes	
1	30 (48.4)
2	11 (17.7)
3	3 (4.8)
4	5 (8.1)
5 or more	13 (21.0)
Parametrial invasion, yes	10 (16.1)
Deep stromal invasion, yes	44 (71.0)
Lymphovascular invasion, yes	53 (85.5)
Vaginal invasion, yes	20 (32.3)
Positive surgical margin, yes	0 (0)

patients (4.8%) needed dose reduction up to level -1. Among the total of 292 cycles administered, treatment delay occurred in 25 cycles (8.6%).

3.3 | Adverse events

The adverse events are summarized in Table 2. Thirty-seven patients (60.7%) had grade 3-4 neutropenia, while 1 (1.6%) had grade 3-4 anemia. Febrile neutropenia occurred in 1 patient alone (1.6%). There was no severe thrombocytopenia. With regard to non-hematological toxicities, the most common adverse event was alopecia (all grades, 95.0%). Sensory neuropathy (all grades, 81.7%), myalgia/arthralgia (all grades, 66.7%) and fatigue (all grades, 55.7%) were also common, but there were no grade 3-4 non-hematological adverse events in 5% or more of the patients.

Whether the number of dissected lymph nodes was associated with toxicity in all grades was evaluated. Neutropenia was more common in patients with ≥ 40 dissected lymph nodes than in those with < 40 (87.5% vs 65.5%, $P = .041$); in contrast, thrombocytopenia was rarer in patients with 40 or more dissected lymph nodes than in

those with < 40 (0% vs 13.8%, $P = .030$). The other toxicities had no significant difference between the 2 groups.

3.4 | Survival analysis

The median follow-up duration was 45.7 months (range 23.4-69.5). Follow-up data from all patients were available. Data regarding recurrence and death are shown in Table 3. Among 15 patients with recurrence, 9 patients had locoregional recurrence, 5 had distant recurrence, and 1 had both. All 7 deaths were caused by deterioration of the disease.

Table 4 shows the actual clinical courses of the 15 patients with recurrence. Of 9 patients with locoregional recurrence, 8 were treated with RT or CCRT as salvage therapy and, among them, 3 patients are alive with no evaluable disease and 1 is alive with disease. Among 5 patients with distant recurrence, 3 patients with para-aortic recurrence were treated with RT or CCRT, and 1 patient with liver metastasis underwent surgery as salvage therapy. Among these 5 patients, 3 patients are alive without disease. A total of 53 patients (85.5%) are alive without disease, 2 (3.2%) are alive with disease and 7 (11.3%) have died of disease. The 2-year RFS, 2-year OS and estimated 4-year OS rates were 79.0% (90% CI, 69.0%-86.2%), 93.5% (83.7%-97.5%) and 87.1% (74.5%-93.7%), respectively (Figure 1A,B).

TABLE 2 The reported acute toxicities

Toxicities	N (%)	
	Any grade	G3/4
Hematological toxicities		
Neutropenia	47 (77.0)	37 (60.7)
Anemia	26 (42.6)	1 (1.6)
Thrombocytopenia	4 (6.6)	0
Febrile neutropenia	1 (1.6)	1 (1.6)
Non-hematological toxicities		
Blood bilirubin increased	2 (3.3)	0
Liver enzyme increased	16 (26.2)	0
Creatinine increased	4 (6.6)	0
Hyperkalemia	4 (6.6)	0
Infection	8 (13.1)	4 (6.6)
Allergy	5 (8.2)	1 (1.6)
Vasculitis	7 (11.5)	0
Anorexia	32 (53.3)	1 (1.6)
Nausea	38 (63.3)	1 (1.6)
Vomiting	6 (10.0)	1 (1.6)
Diarrhea	9 (15.0)	0
Constipation	29 (47.5)	0
Pharyngitis/stomatitis	4 (6.7)	0
Alopecia	57 (95.0)	(grade 2 \geq) 43 (71.7)
Rash/exanthema	18 (30.0)	1 (1.6)
Edema	11 (18.3)	0
Fatigue	34 (55.7)	1 (1.6)
Sensory neuropathy	49 (81.7)	0
Motor neuropathy	3 (5.0)	0
Myalgia/arthralgia	40 (66.7)	1 (1.6)

4 | DISCUSSION

We report the positive results of a phase II trial involving the application of postoperative systemic CT alone to uterine cervical cancer patients with lymph node metastases. Adjuvant CT alone with TN after radical hysterectomy was demonstrated to be an effective and feasible treatment.

In the current phase II study, the 2-year RFS, 2-year OS and estimated 4-year OS rates were 79.0%, 93.5% and 87.1%, respectively, which were comparable to those seen in previous reports of adjuvant CCRT for the patients with high-risk factors;^{3,17,18} nevertheless, the patients in the current study would have more severe risk factors than those in most previous studies. All patients in the current study had LNM, among which approximately 30% had 2-3 metastases, approximately 20% had 5 or more metastases, and approximately 20% had common iliac lymph node metastases. Peters et al.³ showed that the estimated 4-year PFS and OS rates for patients receiving CCRT were 80% and 81% in a phase III trial in which

TABLE 3 Recurrence and death (N = 15)

Site	N (%)
Recurrence	15 (24.2)
Locoregional	9 (14.5)
Distant	5 (8.1)
Both	1 (1.6)
Death	7 (11.3)

TABLE 4 Clinical course of patients with recurrence (N = 15)

Site of recurrence	Salvage therapy	Status
Locoregional recurrence		
Vaginal	RT ^a	Alive
Vaginal	CCRT ^b	Alive
Vaginal	CCRT	Alive
Vaginal	CCRT	AWD ^c
Vaginal	RT	Dead
Vaginal	RT	Dead
Intra-pelvic lymph nodes	CCRT	Dead
Intra-pelvic lymph nodes	CT ^d	Dead
Peritoneum in pelvis	RT	Dead
Distant recurrence		
Para-aortic lymph nodes	CCRT	Alive
Para-aortic lymph nodes	CCRT	Alive
Para-aortic lymph nodes	RT	Dead
Liver	Surgery	Alive
Lung and mediastinal lymph nodes	CT	Dead
Both		
Intra-pelvic, para-aortic, and mediastinal lymph nodes	CT	AWD

CCRT, concurrent chemoradiotherapy; RT, radiotherapy.

^aRadiotherapy alone.

^bConcurrent chemoradiotherapy.

^cAlive with disease.

^dSystemic chemotherapy alone.

approximately 90% of patients had nodal involvement and 3% had common iliac nodal involvement. Sehouli et al.¹⁷ showed that the 2-year PFS was 81.8% and the estimated 5-year OS was 77.4% for patients receiving CCRT. In the study by Sehouli et al., only half of the patients had nodal involvement.

Adjuvant chemotherapy alone with TN after radical hysterectomy was demonstrated to be safe and feasible. In the current study, 90.3% of patients completed the treatment protocol as planned and

grade 3-4 gastrointestinal toxicities occurred in only 1 patient. There has recently been much debate regarding the risk-benefit balance of postoperative CCRT for cervical cancer.⁹⁻¹² Postoperative CCRT would be expected to induce serious gastrointestinal toxicity, which could continue throughout the patient's life; this is because the organ in the pelvis that would be targeted by RT has already been subjected to radical surgery.^{11,12} Takekuma et al.^{11,12} report that the level of invasiveness of the surgical procedure might be associated with the toxicities of adjuvant CCRT, which meant that patients with ≥ 40 dissected lymph nodes had significantly more non-hematological toxicities of adjuvant CCRT than those with < 40 . They suggested that, for patients undergoing CCRT, the use of this radical surgery to increase the possibility of a permanent cure has to be balanced against the possibility of developing a serious illness in association with the postoperative therapy. In this context, systemic CT alone could play an important role as postoperative adjuvant therapy for patients with high-risk cervical cancer.¹² In the current study, the rates of severe non-hematological toxicity were only 0%-6.6% (Table 2). The evaluation of whether the number of dissected lymph nodes was associated with toxicity in all grades showed that there were significant differences regarding neutropenia and thrombocytopenia between patients with ≥ 40 dissected lymph nodes and those with < 40 , the reason for which was unclear. However, non-hematological toxicities did not differ significantly between the 2 groups. These findings suggest that postoperative TN therapy could be undergone safely regardless of the level of invasiveness of the surgical procedure.

In the current study, no severe neurotoxicity or thrombocytopenia occurred, which matched the results of a previous phase II study revealing the efficacy of TN therapy for advanced/recurrent cervical cancer.¹⁵ Currently, paclitaxel combined with carboplatin (TC) is accepted as one of the standard treatment options for cervical cancer, in accordance with the results of the JCOG0505 trial, showing the noninferiority of TC to paclitaxel and cisplatin.¹⁴ Severe neurotoxicity occurred in 4.8% and severe thrombocytopenia occurred in 24.6% of patients of the TC arm in the JCOG0505 trial, indicating

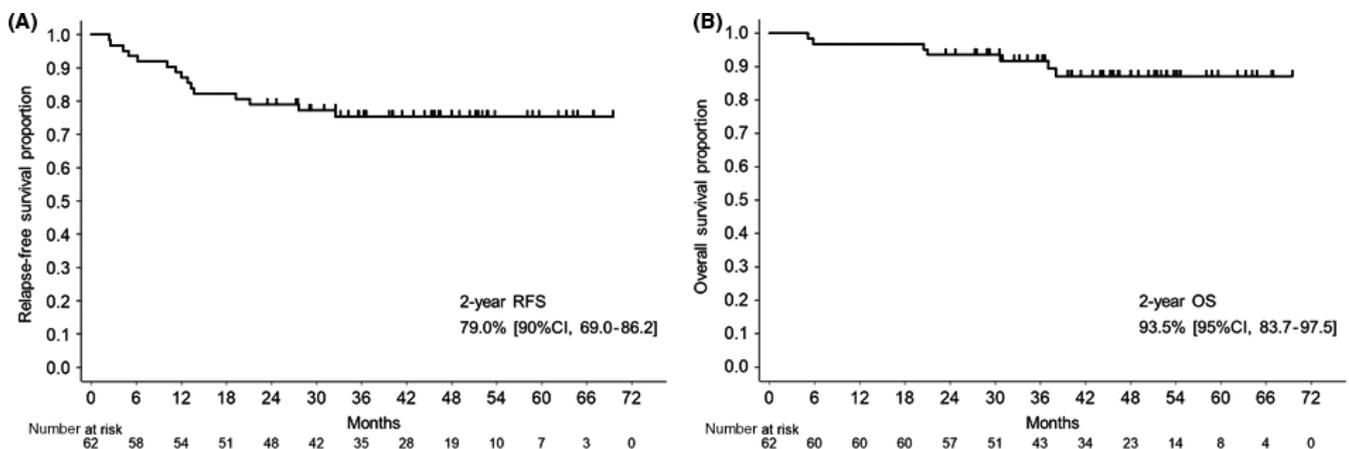


FIGURE 1 Outcomes of eligible patients enrolled in the KCOG-G1101 study. A, 2-year relapse-free survival: 79.0% (90% CI, 69.0%-86.2%). B, 2-year overall survival: 93.5% (83.7%-97.5%)

that these toxicities remain unresolved. A TN therapy could be an alternative to a regimen of postoperative adjuvant CT.

The most beneficial aspect of using systemic CT alone in a postoperative setting is that RT could be utilized for recurrences in the pelvis as salvage therapy if the pelvic field has not yet been irradiated. In the current study, 8 patients with recurrence in the pelvis and 3 patients with para-aortic recurrence were treated with RT or CCRT as salvage therapy; 6 of these are still alive and would be expected to survive for a long time. Another particularly beneficial aspect of systemic CT alone would be that systemic CT could control distant metastasis. The Gynecologic Oncology Group (GOG) in the USA has conducted a randomized phase III trial, the GOG0724 trial (NCT00980954), to test the hypothesis that the addition of further cycles of systemic CT following the completion of CCRT would decrease distant metastasis and improve survival. In contrast, there might be a discouraging aspect of using systemic CT alone associated with local control. In the current study, more intra-pelvic recurrence occurred (16.1%) than in the CCRT arm of Peters' trial (8.7%).³

It has been proposed that systemic CT alone could have a survival benefit even without RT. Several retrospective studies on postoperative adjuvant CT alone have also been reported and all of them conclude that systemic CT alone as postoperative adjuvant therapy could obtain similar or better results compared with RT/CCRT.¹⁸⁻²¹ Matsuo et al.²² showed in a multi-institutional retrospective study that systemic chemotherapy might be as effective a postoperative treatment as radiation-based therapy in node-positive stage IB-IIIB cervical cancer. In a phase III trial conducted by Curtin et al., patients were randomized to systemic CT alone and systemic CT followed by whole pelvic RT after radical hysterectomy. Although this trial could not achieve a positive result regarding the primary endpoint, they conclude that the patterns of recurrence were statistically similar between the 2 arms, and both regimens were well tolerated.²³

The current study has a few limitations. First, the follow-up period was short. The expected survival duration of the patients in the current study would be relatively long because this is a study on early-stage disease. A secondary endpoint in the current study is the 5-year OS, for which the results will be reported at a later date. Second, the late adverse events could not be reported. The standard postoperative adjuvant therapy is RT or CCRT in which severe late adverse events have occurred, and so compared with this standard treatment, data of the late adverse event of CT alone would be important. Third, in the current study, no restrictions were placed on the surgical procedure performed; namely, radical hysterectomy or lymphadenectomy. The results of postoperative adjuvant therapy could be affected by the outcome of the surgery performed before the study.

In summary, adjuvant CT alone with TN after radical hysterectomy for patients with high-risk early-stage cervical cancer was demonstrated to be an effective and feasible treatment. We suggest that a prospective randomized study be conducted with the aim of testing the noninferiority of systemic CT alone to CCRT as optimal

adjuvant therapy for patients with factors placing them at high risk for recurrence.

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ORCID

Munetaka Takekuma  <http://orcid.org/0000-0002-0807-1845>
Shin Nishio  <http://orcid.org/0000-0003-2526-630X>

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